



## Elizabeth Dempsey

Elizabeth Cheval "Val" Dempsey, 64, of Wilmington, NC, passed away on February 17, 2024, in Wilmington, NC. Born in Goldsboro, NC on August 19, 1959, she was a beloved free spirit who cherished a life untethered, finding joy in the beach and fishing. Family meant everything to her, being the heart and soul of her existence.

Val is survived by her long time partner Ben Horne, sister Debbie Dawson (Don), brother Sam Dempsey (Lori), sister Leigh Dempsey, granddaughter Skylar Sessoms, grandson Lukas Sessoms and many loving nieces and nephews. She was preceded in death by her daughter Jamie Sessoms and mother Barbara Knowles.

At this time, the family will not be holding a service and will determine a celebration of life at a future date. She will be deeply missed by all who knew her, leaving behind cherished memories of her vibrant spirit and love for life.

# Tribute Wall

JF

“ So sorry to hear of Val's passing! She was a sweetheart!!!

*Jeff and Renae Fountain*

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**Jeff and Renae Fountain** - February 25, 2024 at 03:18 PM

CC

“ Cheval was another Mom to me growing up. I have loved her & thought of her as family for most of my life. I have lots of great memories of her and now i will be remembering those times with Skylar & Lukas. So they can know their Grandma. It's all kinds of sad for everyone. My deepest sympathies and my prayers for all of Cheval's family & friends. ♡

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**Chrissy Carter** - February 24, 2024 at 02:17 PM

HC

“ I remember many playful moments with Cheval when we were neighbors as kids. My heart goes out to her family, especially her sister, Leigh. Good is with you.

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**Heather Cranford** - February 22, 2024 at 01:13 PM

MS

“ Sorry for your loss. Prayers 🙏🙏❤️❤️

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**Mark Squires** - February 21, 2024 at 02:51 PM