



## Helen Delores Harris Armstrong

April 29, 1928 - July 28, 2019

On Sunday, July 28, 2019, Helen Delores Harris of Rocky Mount, NC passed away peacefully at the age of 91 at The Davis Community where she had been a resident since 2015. Helen was born on April 29, 1928 in Edgecombe County, NC to Lorenza and Maggie Harris, who preceded her in death. She is survived by her son, Richard Edwards (nicknamed "Ricky"), whom she dearly loved, his wife, Meleta, and three grandchildren Jordan (& Katie), Joshua, and Nicholas.

Visitation will be held at the Edwards home on Tuesday, July 30, 2019 from 6-8 pm. A private memorial will be held at a later date.